

### What is FertyVital?

FertyVital® is a dietary supplement that contains: Saffron, Lactium®, Griffonia, Magnesium and Vitamin B6.

### What are the contents of FertyVital?

Nutritional Values	Per 2 capsules	%*
Lactium®	150 mg	-
Magnesium	120 mg	32%
Griffonia Extract (5-HTP)	50 mg	-
Saffron Extract	28 mg	-
Vit. B6	1,4 mg	100%

\*Nutrient Reference Value

FertyVital® is formulated to supplement nutritional intake and contains ingredients that contribute to the normal functioning of the nervous system and normal psychological function.

- **Saffron Extract.** Known since ancient times, saffron has many properties. It is considered a source of health due to its infinite and proven qualities. It contains antioxidants such as crocin, crocetin and safranal. Saffron contributes to emotional balance; helps to support the relaxation and helps to maintain a positive mood.
- **Lactium®.** It is a hydrolyzed milk protein with a high content of essential amino acids and branched.
- **Griffonia Extract (5-HTP).** Originally from Africa, Griffonia is known to be particularly rich in 5-hydroxytryptophan (5-HTP). Griffonia for improvement of brain activity.
- **Magnesium.** It is the fourth most abundant cation in the organism and the second most important in the cell. It is involved in numerous biochemical processes. Magnesium contributes to reducing tiredness and fatigue, as well as to the maintenance of normal psychological function.
- **Vitamin B6.** Contributes to normal energy metabolism, normal functioning of the nervous system and the immune system, normal psychological function and helps to reduce tiredness and fatigue.

### How to take FertyVital

Take 1 capsule, two times daily, preferably in the morning and midday.

### Precautions

- Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.
- Do not exceed the stated recommended dose, unless doctor advisement.
- Keep out of reach of young children.
- Keep away from light and at temperatures below 25°C. Store tightly closed in a cool, dry place.
- Gluten-free and sugar-free.